

北所本週餐飲

Inmates's Dining this week

日期date	早餐breakfast	中餐lunch	晚餐dinner
6月4日 June 4	地瓜清粥 Sweet Potato Congee 甜 納 豆 Sweet Natto 	羊肉燴飯 Lamb Meals 炸雞排塊 Fried Chicken Breast Chops 花生甜湯 Peanut Sweet Soup	紅燒排骨 Braised Ribs in Soy Bean Sauce 豆干丁絞肉 Fried Shredded Pork Congee with Dry Bean Curd 時令蔬菜 Fried Seasonal Vegetables 嫩薑海帶絞肉湯 Ginger Seaweed Ground Pork Soup
6月5日 June 5	白 饅 頭 Plain Steamed Bread 巧克力醬 Chocolate Jam 豆 漿 Soybean Milk	黑胡椒豬肉片 Black Pepper Braised Pork 玉米滑蛋 Corn Scrambled Egg 時令蔬菜 Fried Seasonal Vegetables 蘿蔔排骨湯 Radish Rib Soup	榨菜肉絲 Salted Mustard Root Shredded Pork 沙茶魷魚羹 Satay Squid Thick 時令蔬菜 Fried Seasonal Vegetables 芋頭排骨湯 Taro Rib Soup
6月6日 June 6	芹香絞肉粥 Celery Ground Pork Congee 豆 棗 Bean Date 	大 滷 麵 Lu mian (braised noodles) 炸花枝排 Fried Calamari Fillet 榨菜排骨湯 Salted Mustard Root Rib Soup	蔥爆排骨 Fried Ribs with Scallion 花瓜絞肉 Pickled Cucumber Ground Pork 時令蔬菜 Fried Seasonal Vegetables 香菇雞湯 Mushroom Chicken Soup

6月7日	清 粥	Congee	素什錦燴飯	Vegetarian Assorted Braises Meals	紅燒麵輪	Fried Gluten Rings in Soy Bean Sauce
June 7	薑 片	Pickled Ginger	炸素水餃	Fried Vegetable Dumplings	什錦滷味	Assorted Braised Dishes
	花生麵筋	Peanut Fried Gluten	粉圓甜湯	Tapioca Ball Sweet Soup	時令蔬菜	Fried Seasonal Vegetables
					蔬 菜 湯	Vegetables Soup
6月8日	黑糖饅頭	Brown Sugar Steamed Bread	蔥香魚丁	with Scallion	宮保雞丁	Kun-Pao Chicken Nugget
June 8	椰香奶酥	coconut sauce butter biscuit	韭菜豆干丁	Leek with Dry Bean Curd	玉米滑蛋	Corn Scrambled Egg
	咖啡奶茶	Coffee Milk Tea	時令蔬菜	Fried Seasonal Vegetables	時令蔬菜	Fried Seasonal Vegetables
			韭菜肉絲湯	Leek Shredded Pork Soup	味噌小魚湯	Small Dried Fish With Miso Soup
6月9日	清 粥	Congee	香菇豬肉燴飯	Mushroom Pork Braises Meals	豆輪滷肉	Braised Meat With Fried Gluten Rings
June 9	甜 花 生	Sweetened Peanut	時令蔬菜	Fried Seasonal Vegetables	紅燒貢丸	Braised Meatball with Soy Bean Sauce
	蔭 瓜	Pickled Oriental Melon	仙草甜湯	Chinese Mesona Ball Sweet Soup	時令蔬菜	Fried Seasonal Vegetables
					蘿蔔排骨湯	Radish Rib Soup
6月10日	蔥花肉絲粥	Chopped Green Onion Shredded Pork Congee	榨菜排骨	Salted Mustard Root Rib	蘿蔔排骨	Radish Rib
June 10	鮪魚罐頭	Tuna Canned	芹香魚丸	Celery Fishball	紅燒豆包	Braised Bean Bag in Soy Bean Sauce



時令蔬菜 Fried Seasonal Vegetables

玉米濃湯 Corn Soup

時令蔬菜 Fried Seasonal Vegetables

青菜肉絲
湯 Vegetables Shredded Pork Soup

