


北所本週餐飲

Inmates's Dining this week

日期date	早餐breakfast	中餐lunch	晚餐dinner
5月28日 May28	地瓜清粥 Sweet Potato Congee 辣 菜 心 Spicy Cabbage Heart 	蔥燒豬肉 Braised Pork With Scallions 燴飯 Meals 炸 雞 捲 Fried Chicken Rolls 花生甜湯 Peanut Sweet Soup	黑胡椒豬 肉片 Black Pepper Braised Pork 韭菜豆干 片 Leek Dougan Piece 時令蔬菜 Fried Seasonal Vegetables 蘿蔔貢丸 湯 Radish Meatball Soup
5月29日 May 29	白 饅 頭 Plain Steamed Bread 草 莓 醬 Strawberry Jam 豆 漿 Soybean Milk	宮保雞丁 Kun-Pao Chicken Nugget 玉米滑蛋 Corn Scrambled Egg 時令蔬菜 Fried Seasonal Vegetables 榨菜肉絲 湯 Salted Mustard Root Shredded Pork Soup	紅燒蹄膀 Braised Hog Hoof with Soy Bean Sauce 豆干炒肉 絲 Fried Shredded Pork with Dry Bean Curd 時令蔬菜 Fried Seasonal Vegetables 苦瓜雞肉 湯 Bitter Gourd Chicken Soup
5月30日 May30	玉米絞肉 粥 Corn Ground Pork Congee 辣 玉 筍 Spicy Bamboo Shoot 	魷魚羹燴 飯 Squid Thick Meals 炸雞排塊 Fried Chicken Breast Chops 紫菜蛋花 湯 Seaweed Egg Soup	酸菜鴨肉 #N/A 榨菜肉絲 Salted Mustard Root Shredded Pork 時令蔬菜 Fried Seasonal Vegetables

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					味噌小魚湯	Small Dried Fish With Miso Soup
5月31日	清 粥	Congee	素什錦燴飯	Vegetarian Assorted Braises Meals	紅燒麵輪	Fried Gluten Rings in Soy Bean Sauce
May 31	花生麵筋	Peanut Fried Gluten	炸素水餃	Fried Vegetable Dumplings	什錦滷味	Assorted Braised Dishes
	薑片	#N/A	粉圓甜湯	Tapioca Ball Sweet Soup	時令蔬菜	Fried Seasonal Vegetables
					蔬 菜 湯	Vegetables Soup
6月1日	黑糖饅頭	Brown Sugar Steamed Bread	沙茶花枝	Fried Calamari with Satay	梅干扣肉	Steamed Streaky Pork with Dried Mustard Cabbage
June 1	椰香奶酥	coconut sauce butter biscuit	花瓜絞肉	Pickled Cucumber Ground Pork	豆干炒肉絲	Fried Shredded Pork with Dry Bean Curd
	咖啡奶茶	Coffee Milk Tea	時令蔬菜	Fried Seasonal Vegetables	時令蔬菜	Fried Seasonal Vegetables
			香菇肉丁湯	Mushroom Pork Cubes Soup	榨菜雞肉湯	Salted Mustard Root Chicken Soup
6月2日	清 粥	Congee	洋蔥培根燴飯	Onion Bacon Meals	蘿蔔排骨	Radish Rib
June 2	鹹 蛋	Salty Preserved Egg	時令蔬菜	Fried Seasonal Vegetables	紅燒豆包	Braised Bean Bag in Soy Bean Sauce
	辣 菜 心	Spicy Cabbage Heart	愛玉甜湯	Aiyu Jelly Sweet Soup	時令蔬菜	Fried Seasonal Vegetables

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			紫菜蛋花湯 Seaweed Egg Soup
6月3日 June 3	豆輪肉絲粥 Shredded Pork Congee with Fried Gluten Rings 什錦菜 Assorts 	榨菜肉丁 Salted Mustard Root Pork 沙茶肉羹 Satay Pork Thick 時令蔬菜 Fried Seasonal Vegetables 玉米蛋花湯 Corn Egg Soup	豆輪滷肉 Braised Meat With Fried Gluten Rings 嫩薑海帶 Ginger Seaweed 時令蔬菜 Fried Seasonal Vegetables 榨菜排骨湯 Salted Mustard Root Rib Soup

